Bullying: Taking Charge

In *Bullying: Taking Charge*, you will explore what bullying is and why it is important to address it on the student, teacher, and school level. You will also learn some practical tools for confronting and preventing bullying. Through video examples, in-depth readings, and problem-solving scenarios, you'll learn how to recognize and detect bullying, address bullying with the bully as well as the victim, discuss bullying with students through classroom activities, and implement a community-wide bullying prevention program.

Course Objectives

After completing this course, you should be able to

Module 1

- Identify the academic, moral, and legal implications of bullying.
- Differentiate bullying from other student behaviors.

Module 2

- Identify strategies and activities that can help teachers and students talk about bullying.
- Learn how to assess the school environment and identify bullying behaviors.
- Develop creative and effective strategies for helping teachers and students recognize and talk about bullying.

Module 3

- Analyze what breaks the cycle of bullying.
- Establish strategies to effectively mediate bullying incidents—prompting the participants in the bullying cycle to recognize their behavior and take responsibility for it.

Module 4

- Understand how character development and bullying prevention can be woven into the curriculum.
- Develop effective, simple techniques for teaching students appropriate, prosocial behaviors as part of the curriculum.

Module 5

- Understand the attributes, modes, and dangers of the growing trend of cyberbullying.
- Understand the academic, moral, and legal implications of cyberbullying.
- Develop effective strategies for addressing and preventing cyberbullying.

Module 6

- Understand the importance of a whole-community approach to bullying intervention.
- Develop a successful bullying intervention program on the school and community level.

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Course Syllabus

Module 1	**What Is Bullying, and Why Address It?**
	Module Welcome
	• Video: Bullying Prevention Program
	• Reading: Bullying – An Overview
	• Reading: *Educational Leadership* – Bullying: Not Just a Kid Thing
	• Video: Defining Bullying and Prevention Efforts
	Check for Understanding
	• Application: Analyze the Bullying Circle
	• Module Review
	Module Journal
Module 2	**Recognizing Bullying and Talking About It**
	Module Welcome
	• Video: Introduction to a Bullying Prevention Program
	• Video: Bullying Prevention Program
	• Reading: Recognizing Bullying and Talking About It
	• Video: Student Surveys
	• Video: The Bullying Talk Show
	• Reading: *Educational Leadership* – Civility Speaks Up
	Check for Understanding
	• Application: Assessing Bullying Behaviors
	• Module Review
	Module Journal

Module 3	**Helping the Bully and the Victim**
	Module Welcome
	• Video: Building and Breaking a Wall
	• Reading: Prevention and Intervention
	• Video: Dealing with a Bullying Incident
	• Reading: *Educational Leadership* – How We Treat One Another in School
	Check for Understanding
	• Application: Breaking the Bullying Cycle
	• Module Review
	Module Journal
Module 4	**Preventing Bullying Through Classroom Activities**
	Module Welcome
	• Video: Helping Students Identify Bullying
	• Reading: *Educational Leadership* – Taking Care of One Another
	• Reading: *Educational Leadership* – Lighting the Moral Imagination
	• Video: A Broken Plate
	• Reading: *Educational Leadership* – Using Theater to Address Bullying
	• Video: Extending the Plate Exercise
	• Reading: Selections from *Educational Leadership*
	Check for Understanding
	• Application: Exploring Character Education
	• Module Review
	Module Journal

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Module 5	**Cyberbullying and How to Address It** Module Welcome • Video: Cyberbullying • Reading: *Educational Leadership* – High-Tech Cruelty • Reading: *Educational Leadership* – R U Safe? Check for Understanding • Application: Dealing with Cyberbullying • Module Review Module Journal
Module 6	**School and Community Intervention Programs** Module Welcome • Video: School Committees • Reading: Establishing a Bullying Prevention Program • Video: Involving the Community • Reading: *Educational Leadership* – A Bully-Free School • Reading: *Educational Leadership* – A ROARing Success • Video: Empowering Students Check for Understanding • Application: School and Community Prevention Program • Module Review Module Journal